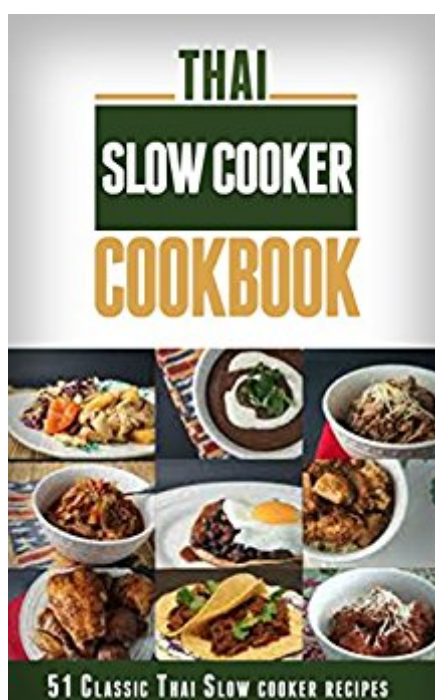


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# Thai Slow Cooker Cookbook: 51 Classic Thai Slow Cooker Recipes With Step By Step Procedure (Thai Recipes, Thai Slow Cooker Recipes, Thai Slow Cooker Cookbook, ... Cooker, Simple Thai Cookbook, Thai Cooking)



## Synopsis

51 Classic Thai Slow Cooker Recipes with step by step procedure Today only, get this book for just \$0.99 for a limited time. Regularly priced at \$5.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Thai cuisine is one of the world's most popular cuisines. In the year 2011, Reader's pick have done a survey to find the world's 50 most delicious dishes and Thailand's many popular dishes made it to take a place in this list. Thai cuisine is famous for balance, detail, delicacy, beauty, and variety and that's why people throughout the world love Thai cuisine. One of the well known Thai chef has written a book and wrote these lines in his book regarding Thai cuisine "Every country in the world has its own food profile, depending on its culture, belief, and local ingredients. If you consider Thai cuisine, then these words will come to your mind: intricacy, detailed attention to colour, texture, taste, and finally the use of ingredients having medicinal properties. Being a Thai chef; we not only emphasis on taste, but also how it looks, smells, and fits into the rest of the meal. We think all parts of the meal of Thai cuisine as a whole and called it sum rap Thai (the way Thais eat). Thai cuisine put a special emphasis on lightly prepared dishes with strong aromatic components and a spicy edge. Thai food is not about simplicity, but about the use of disparate elements to create harmonious finish. The overall meal of Thai cuisine must contain five fundamental taste elements: sour, bitter, spicy, sweet, and salty. So, that was some information about the Thai cuisine, now if you don't know about slow cooking, then let me introduce you some benefits of slow cooking. Slow cooking refers to a way of cooking where very low and moderate temperature is employed for the provision of nutrient. Thither are many benefits of slow cooker recipes because the tissues of food in slow cooking breaks down tenderly and so it becomes easy to endure. The flavour of slow cooking recipes totally mixes inside the food making it tastier and healthier. There are many kinds of foods like beefs, pork, and chicken that need a slow cooking for best taste. If you cook these foods in high temperature, then these foods lost their natural taste and flavour and the essential nutrients and minerals also get destroyed because of high temperature. Slow cooking refers to barbeque, smokers, low heat ovens, and crock-pots that are built particularly for slow cooking. Some special cookers are also available in the markets that are mainly manufactured for slow cooking. They are a variety of countertop setup having a large electronically heated ceramic bowl and a glass lid. These cookers usually have a few settings like slow, medium, and high. Cooking meat on slow temperature preserves its minerals and nutrients like collagen, gelatine, calcium, magnesium, iron, and phosphorus. Gelatine is a crucial ingredient for our body that support over liver functions, digestion, body joints, sleep, and muscle recovery. When we slow cook the marrow along the bone, it delivers many health benefits that

boneless high temperature cooking cannot provide us. In the ancient times, our ancestors don't have high temperature ovens and cookers. They cooked the food on the natural coal and wood fire that made the food healthy and nutritional. This was the primary cause why our ancestors were capable to hold out in the dangerous atmosphere of high and low altitudes without even wearing warm clothes that we endure today. Their immune system was many folds stronger than us. So many old people like grandma and grandpa advise their kids to use slow cooking method to maintain the all important nutrients and minerals in the nutrient. Let's get started |.. Download your copy today! Take action today and download this book for a limited time discount of only \$0.99! Hurry Up!! Tags- Thai Recipes, Thai Slow Cooker Recipes, Thai Slow Cooker Cookboo

## Book Information

File Size: 1247 KB

Print Length: 58 pages

Simultaneous Device Usage: Unlimited

Publication Date: November 21, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B018C33WZG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #216,075 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Asian > Thai #45 in Books > Cookbooks, Food & Wine > Asian Cooking > Thai #250 in Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Cookbooks, Food & Wine

## Customer Reviews

I love to eat different food from the different country one of my favorite food is Thai food. I have a friend in Thailand and because of her, We appreciated the taste of it. She'll visit us next month so I decided to read this e-book guide just to impress her luckily this book has a great 51 classic recipes that we will surely enjoy. I can't wait to cook these amazing and delicious recipes.

This book is great, filled with recipes all will enjoy. I purchased this book for extended family who love to try new foods. This book is full of great thai food recipes that are very tempting and get you in the mood for some delicious new things to serve and enjoy. Lot's of good ideas that look delicious and fairly simple to make. Would recommend. I will use the recipes very often.

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